

Contemplative Outreach Indianapolis
Five-Day Intensive/Post-Intensive Centering Prayer Retreat
Benedictine Hospitality Center
Ferdinand, IN

In Contemplative Outreach (CO) Centering Prayer retreats, practitioners are given an opportunity to deepen their practice and relationship with God by joining with others in community for the experience of immersion in contemplative prayer apart from ordinary life. Retreats are a way to take one's relationship with God and one's practice deeper. They offer time and space away from the busyness and demands of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

The 2026 retreat will be held at the **Benedictine Hospitality Center in Ferdinand, IN.** The Benedictine Hospitality Center is operated by the Sisters of St. Benedict, one of the largest Benedictine communities of women in the United States. Monastery Immaculate Conception was founded in 1867 by four young Benedictine sisters who came to Ferdinand to teach the children of area settlers. For a video tour, click on the following link <https://thedome.org/serving-you/visit-the-monastery/#videoTour> Shared transportation from the Indianapolis area to Ferdinand will be offered. If interested in carpooling or riding with others, indicate such on the Registration Form.

Retreat Begins: *Wednesday, October 28, 2026, (retreat begins at noon with lunch, you may check in before lunch beginning at 11am)*

Retreat Ends: *Sunday, November 1, 2026 at 1 pm (after lunch)*

Retreat Fees: \$500 – Single Occupancy Room with one double bed. There are two double occupancy rooms with two beds which allow a **reduced fee of \$375**. Fees for either option include all meals, materials, and the retreat program. All bedrooms include a private bath. If interested in double occupancy, please indicate with whom you would like to share the room. *(A limited number of scholarships available, contact dnichola@bsu.edu)*

Planning Team: Chris Haynes, Mary Kendall, Don Nicholas and Mary Beth Riner are the retreat planners. All are long-time practitioners of Centering Prayer and have prior experience leading and attending a variety of Centering Prayer retreats. All are commissioned centering prayer presenters and service team members of Contemplative Outreach, Indianapolis.

Retreat Questions, contact Don Nicholas at 765-744-3540 or dnichola@bsu.edu

Registration Form

A \$100 non-refundable deposit is due with registration.
Full payment due by October 6

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

If double occupancy, sharing room with _____

Special Needs (e.g., dietary, accessible bedroom/bath).

This retreat is designed for those with an on-going practice of Centering Prayer. Please answer the following questions to allow us to be well prepared for all retreatants.

- | | | |
|--|-----|----|
| (1) Do you have an ongoing practice of centering prayer? | Yes | No |
| (2) Have you previously attended a centering prayer introductory workshop? | Yes | No |
| (3) Have you previously attended a centering prayer intensive retreat? | Yes | No |
| a. if yes, would you be interested in participating in a post-intensive track during this 2026 retreat? | Yes | No |
| (4) Are you interested in carpooling to the retreat | Yes | No |

Make checks payable to *Contemplative Outreach Indianapolis* and mail to:

Mary Kendall, 7220 Chesterton Lane, Indianapolis, IN 46237